



TACKLING OBESITY TOGETHER

18 MAY 2019

European Obesity Day (EOD) is an annual event celebrated every third Saturday in May.

Led by the European Association for the Study of Obesity (EASO) it brings together healthcare, patient and political communities who are keen to raise awareness of obesity.



The aim of EOD is to increase knowledge and understanding of the need for action at both European and national levels to improve prevention, treatment and care of obesity. At the same time, it supports overweight and obese European citizens in making the necessary lifestyle changes to manage their weight and improve their overall health and quality of life.

By supporting EOD you will be part of a dynamic campaigning network that reaches policymakers, media and the public all over Europe.

Visit our website to join our call for action and to learn more about how you can get involved!

www.europeanobesityday.eu

#EOD2019